



First 60 Seconds Checklist

Use this checklist at the start of every CCS case to capture safety and stabilization points before diagnostics.

Action	Why It Matters
Airway, Breathing, Circulation	Stabilize before diagnostics and ensure patient safety.
Oxygen, IV access x2, Cardiac/SpO₂ monitoring	Early stabilization earns foundational points.
Finger-stick glucose	Rapidly identifies reversible hypoglycemia in AMS or shock.
Vital signs q15min, intake/output	Maintains continuous safety tracking.
Pain and nausea control	Patient comfort and physiologic stability affect scoring.
Pregnancy test (if applicable)	Prevents contraindicated orders in reproductive-age patients.

Tip: Apply this checklist automatically for every unstable or uncertain case to anchor your first minute of actions.