



## First 60 Seconds Checklist

Use this checklist at the start of every CCS case to capture safety and stabilization points before diagnostics.

Action	Why It Matters
<b>Airway, Breathing, Circulation</b>	Stabilize before diagnostics and ensure patient safety.
<b>Oxygen, IV access x2, Cardiac/SpO<sub>2</sub> monitoring</b>	Early stabilization earns foundational points.
<b>Finger-stick glucose</b>	Rapidly identifies reversible hypoglycemia in AMS or shock.
<b>Vital signs q15min, intake/output</b>	Maintains continuous safety tracking.
<b>Pain and nausea control</b>	Patient comfort and physiologic stability affect scoring.
<b>Pregnancy test (if applicable)</b>	Prevents contraindicated orders in reproductive-age patients.

Tip: Apply this checklist automatically for every unstable or uncertain case to anchor your first minute of actions.